

Treasure Barrel

Delicious Breakfast Punch

A sweet, energizing morning drink that blends fruit, juice, and a hint of fizz for a refreshing start.

10 min Prep time	**10 min** Total time	**4** Servings
Easy Difficulty	**American** Cuisine	**Beverage** Course

Ingredients

Main Ingredients

- [ ] 2 cups fresh orange juice
- [ ] 1 cup pineapple chunks
- [ ] 1/4 cup lime juice
- [ ] 2 tbsp honey
- [ ] 1 cup sparkling water, chilled
- [ ] A handful fresh mint leaves

Optional Garnish

- [ ] Orange slices
- [ ] Extra mint sprigs

Instructions

1. In a pitcher, combine orange juice, pineapple chunks, lime juice, and honey; stir until the honey dissolves.
2. Let the mixture rest for a couple of minutes so the flavors mingle; I like to peek at the hash brown casserole while it sits.
3. Just before serving, gently pour in the chilled sparkling water and give a soft swirl.
4. Add mint leaves, garnish with an orange slice, and serve in tall glasses; this pairs nicely with a quick cheesy sausage bake for a hearty breakfast.
5. Enjoy the refreshing fizz, and feel the day brighten with each sip.

Nutrition per serving

120 kcal	2 g	30 g	0 g
Calories	Protein	Carbs	Fat

Tips & notes

- If you prefer less sweetness, reduce honey to 1 tbsp.
- For extra chill, freeze pineapple chunks beforehand.
- A splash of grenadine adds a lovely pink hue without overwhelming flavor.