

Treasure Barrel

Hissy Fit Dip: Quick Comfort Snack

10 min Prep time	**5 min** Cook time	**15 min** Total time
4 Servings	**Easy** Difficulty	**American** Cuisine

Ingredients

Main Ingredients

- [ ] 8 oz cream cheese, softened
- [ ] 1/2 cup sour cream
- [ ] 1/4 cup buttermilk
- [ ] 1/3 cup hot sauce (medium heat)
- [ ] 1 cup shredded sharp cheddar cheese
- [ ] 1 tsp garlic powder
- [ ] 2 tbsp sliced green onions

Instructions

1. In a medium saucepan, combine softened cream cheese, sour cream, and buttermilk over low heat; stir until smooth.
2. Add hot sauce, garlic powder, and half of the shredded cheddar; continue stirring until the cheese begins to melt.
3. Reduce heat to low, fold in the remaining cheddar until fully incorporated, creating a glossy dip.
4. Remove from heat, sprinkle sliced green onions on top, and serve immediately with chips or veggie sticks.
5. If the dip thickens as it sits, whisk in a splash more buttermilk to restore a silky texture.

Nutrition per serving

210 kcal	12 g	6 g	14 g
Calories	Protein	Carbs	Fat

Tips & notes

- Taste the dip before serving; a touch more hot sauce can brighten the flavor.
- For a thinner consistency, add a tablespoon of milk or extra buttermilk.
- Heat gently; high heat can cause the cheese to separate.