

Treasure Barrel

Marshmallow Fruit Dip – Fluffy 2-Ingredient Treat

5 min Prep time	**5 min** Total time	**4** Servings
Easy Difficulty	**American** Cuisine	**Dessert** Course

Ingredients

Main Ingredients

- [ ] 1 cup marshmallow fluff
- [ ] 1 cup vanilla yogurt

For Serving

- [ ] Assorted fresh fruit (strawberries, kiwi, pineapple, grapes)
- [ ] Optional pinch of cinnamon
- [ ] Optional drizzle of honey

Instructions

1. Gather the marshmallow fluff and vanilla yogurt; make sure the yogurt is at room temperature.
2. Place the fluff in a medium bowl, then add the yogurt.
3. Using a rubber spatula, gently fold until just combined—stop as soon as you see a uniform, airy consistency.
4. Taste and, if desired, stir in a pinch of cinnamon or a drizzle of honey.
5. Transfer to a serving bowl, arrange fresh fruit around the dip, and serve immediately or chill briefly.

Nutrition per serving

210 kcal	4 g	45 g	2 g
Calories	Protein	Carbs	Fat

> **Tips & notes**
> - If the dip seems too loose, add another tablespoon of marshmallow fluff.
> - For a festive twist, swirl in a bit of pink food coloring.
> - Serve chilled for the freshest taste.